

中華民國體育學會
體育學報 第51卷第3期

中華民國107年9月出版

中文目錄

編者的話	i
中文目錄	iii
英文目錄	iv
【綜評論文】	
溫卓謀、章勝傑、莊鑫裕	
以內容分析法系統回顧2003-2017臺灣休閒潛水研究	275
【原創論文】	
李書芬	
比較結構式有氧運動與萬步運動對胰島β細胞功能、代謝指標及身體組成之影響： 以第二型糖尿病病患為例	293
楊子享、黃長福	
太極拳運動對老年人下階梯轉換質心控制之影響	307
王翔星、李文娟、湯惠婷、相子元	
「十週自由式阻力訓練與機器式阻力訓練對青少年運動員肌肉質量 及運動表現之影響	321
林建志、戴詠璇、李恆儒	
自不同弓箭步的膝關節肌群活化與力矩之比較	333
林靜兒、李幸陵	
外在注意焦點提高曲棍球精熟者推球的準確性與穩定性	345
黃淑貞、洪文綺、吳齊殷、賴淑美、林妙燦	
自我效能、家庭與環境對學童走路上學關係之研究	357
陳天賜、林惠文、呂惠富	
舉辦亞洲運動會對主辦國總體經濟效果的跨期評估	373
陳昱文、金雪、黃郁綺、湯添進	
從SPLISS模式探究韓國競技運動發展策略	387
體育學報出版資訊	409

National Society of Physical Education
Republic of China

Physical Education Journal
Volume 51, Number 3, September 2018

Editor's Note	i
Chinese Table of Contents.....	iii
English Table of Contents	iv
Review Paper	
<i>Cho-Mou Wen, Simon Chang and Hsin-Yu Chuang</i> A content analytical systematic review on SCUBA diving studies in Taiwan, 2003-2017	275
Original Research Paper	
<i>Shu-Fen Lee</i> Comparison of pedometer-based million step training verses structured centred-based program on pancreatic β cell function, metabolism parameters, and anthropometries among type II diabetes patients	293
<i>Tzu-Hsiang Yang and Chen-Fu Huang</i> The effect on center of mass control during stair-to-floor transition in Tai Chi elderly	307
<i>Hsiang-Hsin Wang, Wen-Chuan Lee, Hui-Ting Tang and Tzyy-Yuan Shiang</i> Effect of 10 weeks of free-weight and machine-based Resistance training on muscle mass and exercise performance in young athletes	321
<i>Jian-Zhi Lin, Yong-Xuan Dai and Heng-Ju Lee</i> Comparison of knee joint muscle activations and moments of different plane of lunges	333
<i>Ching-Er Lin and Hsing-Ling Lee</i> Enhancing pushing accuracy and stability through an external focus of attention in hockey experts	345
<i>Sheu-jen Huang, Wen-chi Hung, Chyi-In Wu, Shu-mei Lai and Miao-rong Lin</i> The relationship of self-efficacy, family and environment with the practice of walking to school of schoolchildren	357
<i>Tien-Tze Chen, Huei-Wen Lin and Huei-Fu Lu</i> A longitudinal assessment on the hosting countries' macroeconomic effects through hosting Asian Games	373
<i>Yu-Wen Chen, Seol Kim, Yu-Chi Huang and Tien-Chin Tan</i> An investigation of South Korea's strategies for elite sport development from the perspective of the SPLISS model	387
Editorial board members	409